SISC ASO
Blue Shield of California 90%
Plan E $20 Copayment
Benefit Summary
(Uniform Health Plan Benefits and Coverage Matrix)

Blue Shield of California

Effective: October 1, 2016

THIS MATRIX IS INTENDED TO BE USED TO HELP YOU COMPARE COVERAGE BENEFITS AND IS A SUMMARY ONLY. THE *PLAN CONTRACT* SHOULD BE CONSULTED FOR A DETAILED DESCRIPTION OF COVERAGE BENEFITS AND LIMITATIONS.

	Participating Providers[1]	Non-Participating Providers[2]
Calendar Year Medical Deductible (All providers combined)	$300 per individual / $600 per family	
Calendar Year Out-of-Pocket Maximum[12] (Includes the calendar year medical deductible.)	$1,000 per individual / $3,000 per family	
Lifetime Benefit Maximum	None	

Covered Services	**Member Copayment**	
OUTPATIENT PROFESSIONAL SERVICES	**Participating Providers[1]**	**Non-Participating Providers[2]**
Professional (Physician) Benefits		
Physician and specialist office visits	$20 per visit (not subject to the calendar year medical deductible)	50%[12]
Outpatient diagnostic x-ray, imaging, pathology, laboratory and other testing services	10%	Not Covered
Radiological and nuclear imaging (CT scans, MRIs, MRAs, PET scans and cardiac diagnostic procedures utilizing nuclear medicine)	10%	50%[12]
Allergy Testing and Treatment Benefits		
Allergy testing, treatment and serum injections (separate office visit copayment may apply)	10%	50%[12]
Preventive Health Benefits[11]		
Preventive health services (as required by applicable Federal law)	No Charge (not subject to the calendar year medical deductible)	Not Covered
OUTPATIENT FACILITY SERVICES		
Outpatient surgery performed at a free-standing ambulatory surgery center	10%	No Charge[3]
Outpatient surgery performed in a hospital or a hospital affiliated ambulatory surgery center	10%	No Charge[3]
Outpatient services for treatment of illness or injury and necessary supplies (except as described under "Rehabilitation Benefits" and "Speech Therapy Benefits")	10%	50%[12]
Outpatient diagnostic x-ray, imaging, pathology, laboratory and other testing services	10%	Not Covered
Radiological and nuclear imaging (CT scans, MRIs, MRAs, PET scans and cardiac diagnostic procedures utilizing nuclear medicine)	10%	50%[3, 12]
Bariatric surgery[4] (prior authorization is required; medically necessary surgery for weight loss, for morbid obesity only)	10%	No Charge[3]
HOSPITALIZATION SERVICES		
Hospital Benefits (Facility Services)		
Inpatient physician services	10%	50%[12,13]
Inpatient non-emergency facility services (semi-private room and board, and medically necessary services and supplies, including subacute care)	10%	No Charge[5]
Bariatric surgery[4] (prior authorization is required; medically necessary surgery for weight loss, for morbid obesity only)	10%	No Charge[5]

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Inpatient Skilled Nursing Benefits[6] (combined maximum of up to 100 days per calendar year; prior authorization is required; semi-private accommodations)		
Free-standing skilled nursing facility	10%	10%[7]
Skilled nursing unit of a hospital	10%	No Charge[5]
EMERGENCY HEALTH COVERAGE		
Emergency room services not resulting in admission (copayment does not apply if the member is directly admitted to the hospital for inpatient services)	$100 per visit + 10%	$100 per visit + 10%
Emergency room services resulting in admission (when the member is admitted directly from the ER)	10%	10%
Emergency room physician services	10%	10%[13]
AMBULANCE SERVICES		
Emergency or authorized transport (ground or air)	10%	10%
PRESCRIPTION DRUG COVERAGE		
Outpatient Prescription Drug Benefits	Administered by Navitus Health Solutions 1-866-333-2757	
PROSTHETICS/ORTHOTICS		
Prosthetic equipment and devices (separate office visit copayment may apply)	10%	50%[12]
Orthotic equipment and devices (separate office visit copayment may apply)	10%	Not Covered
DURABLE MEDICAL EQUIPMENT		
Breast pump	No Charge (not subject to the calendar year medical deductible)	Not Covered
Other durable medical equipment	10%	Not Covered
MENTAL HEALTH AND SUBSTANCE ABUSE SERVICES[8,9]		
Inpatient hospital services	10%	No Charge[5]
Residential care	10%	No Charge[5]
Inpatient physician services	10%	50%[12,13]
Routine outpatient mental health and substance abuse services (includes professional/physician visits)	$20 per visit (not subject to the calendar year medical deductible)	50%[12]
Non-routine outpatient mental health and substance abuse services (includes behavioral health treatment, electroconvulsive therapy, intensive outpatient programs, office-based opioid treatment, partial hospitalization program, psychological testing and transcranial magnetic stimulation)	10%	50%[12]
HOME HEALTH SERVICES		
Home health care agency services[6] (up to 100 visits per calendar year)	10%	Not Covered[10]
Home infusion/home injectable therapy and infusion nursing visits provided by a home infusion agency	10%	Not Covered[10]
HOSPICE PROGRAM BENEFITS		
Routine home care	No Charge (not subject to the calendar year medical deductible)	Not Covered[10]
Inpatient respite care	No Charge (not subject to the calendar year medical deductible)	Not Covered[10]
24-hour continuous home care	No Charge (not subject to the calendar year medical deductible)	Not Covered[10]
Short-term inpatient care for pain and symptom management	No Charge (not subject to the calendar year medical deductible)	Not Covered[10]
CHIROPRACTIC BENEFITS[6]		
Chiropractic spinal manipulation (up to 20 visits per calendar year)	10%	Not Covered
ACUPUNCTURE BENEFITS[6]		
Acupuncture services (up to 12 visits per calendar year)	10%	50%[12]
REHABILITATION AND HABILITATION BENEFITS (Physical, Occupational and Respiratory Therapy)		
Office location (an additional facility copayment may apply when services are rendered in a hospital or skilled nursing facility)	10%	Not Covered
SPEECH THERAPY BENEFITS		
Office location (an additional facility copayment may apply when services are rendered in a hospital or skilled nursing facility)	10%	50%[12]

PREGNANCY AND MATERNITY CARE BENEFITS		
Prenatal and postnatal physician office visits (when billed as part of global maternity fee including hospital inpatient delivery services)	$20 per visit (not subject to the calendar year medical deductible)	50%[12]
Abortion services (an additional facility copayment may apply when services are rendered in a hospital or outpatient surgery center)	10%	Not Covered
FAMILY PLANNING BENEFITS		
Counseling and consulting (includes insertion of IUD, as well as injectable and implantable contraceptives for women)	No Charge (not subject to the calendar year medical deductible)	Not Covered
Tubal ligation	No Charge (not subject to the calendar year medical deductible)	Not Covered
Vasectomy (an additional facility copayment may apply when services are rendered in a hospital or outpatient surgery center)	10%	Not Covered
DIABETES CARE BENEFITS		
Devices, equipment, and non-testing supplies (for testing supplies see Outpatient Prescription Drug Benefits)	10%	50%[12]
Diabetes self-management training	$20 per visit (not subject to the calendar year medical deductible)	50%[12]
HEARING BENEFITS		
Audiological evaluations	$20 per visit (not subject to the calendar year medical deductible)	50%[12]
Hearing aid instrument and ancillary equipment (Up to a maximum combined benefit of $700 per person every 24 months for the hearing aid and ancillary equipment.)	10%	10%
CARE OUTSIDE OF PLAN SERVICE AREA Benefits provided through the BlueCard® Program are paid at the participating level. Member's cost share will be either a copayment or coinsurance based on the lower of billed charges or the negotiated allowable amount for participating providers as agreed upon with the local Blue's Plan.		
Within US: BlueCard Program	See Applicable Benefit	See Applicable Benefit
Outside of US: BlueCard Worldwide	See Applicable Benefit	See Applicable Benefit

1 Unless otherwise specified, copayments/coinsurance are calculated based on allowable amounts. After the calendar year medical deductible is met, the member is responsible for copayments/coinsurance for covered services from participating providers. Participating providers agree to accept Blue Shield's allowable amount plus any applicable member copayment or coinsurance as full payment for covered services.

2 Non-participating providers can charge more than Blue Shield's allowable amounts. When members use non-participating providers, they must pay the applicable deductibles, copayments or coinsurance plus any amount that exceeds Blue Shield's allowable amount. Charges above the allowable amount do not count toward the calendar year deductible or out-of-pocket maximum.

3 The maximum allowed charges for non-emergency surgery performed in a non-participating ambulatory surgery center or outpatient unit of a non-participating hospital is $350 per day. Members are responsible for all charges in excess of $350 per day.

4 Bariatric surgery is covered when prior authorized by Blue Shield; however, for members residing in Imperial, Kern, Los Angeles, Orange, Riverside, San Bernardino, San Diego, Santa Barbara and Ventura Counties ("Designated Counties"), bariatric surgery services are covered only when performed at designated contracting bariatric surgery facilities and by designated contracting surgeons; coverage is not available for bariatric services from any other participating provider and there is no coverage for bariatric services from non-participating providers. In addition, if prior authorized by Blue Shield, a member in a Designated County who is required to travel more than 50 miles to a designated bariatric surgery facility will be eligible for limited reimbursement for specified travel expenses for the member and one companion. Refer to the Plan Contract for further details.

5 The maximum allowed charges for non-emergency hospital services received from a non-participating hospital is $600 per day. Members are responsible for all charges in excess of $600 per day.

6 For plans with a calendar year medical deductible amount, services with a day or visit limit accrue to the calendar year day or visit limit maximum regardless of whether the calendar year medical deductible has been met.

7 Services may require prior authorization. When services are prior authorized, members pay the participating provider amount.

8 Mental Health and Substance Abuse services are accessed through Blue Shield's participating and non-participating providers.

9 Inpatient services for acute detoxification are covered under the medical benefit; see the Hospital Benefits (Facility Services) section of the Plan Contract for benefit details. Services for acute medical detoxification are accessed through Blue Shield using Blue Shield's participating providers or non-participating providers.

10 Services from non-participating providers for home health care and hospice services are not covered unless prior authorized. When these services are prior authorized, the member's copayment or coinsurance will be calculated at the participating provider level, based upon the agreed upon rate between Blue Shield and the agency.

11 Preventive Health Services, including an annual preventive care or well-baby care office visit, are not subject to the calendar year medical deductible. Other covered non-preventive services received during, or in connection with, the preventive care or well-baby care office visit are subject to the calendar year medical deductible and applicable member copayment/coinsurance.

12 Copayments/Coinsurance marked with this footnote do not accrue to the calendar year out-of-pocket maximum. Copayments/Coinsurance and charges for services not accruing to the member's calendar year out-of-pocket maximum continue to be the member's responsibility after the calendar year out-of-pocket maximum is reached. This amount could be substantial. Please refer to the Plan Contract for exact terms and conditions of coverage.

13 When these services are rendered by a non-participating Radiologist, Anesthesiologist, Pathologist and/or Emergency Room Physician in a participating facility, the member pays the participating provider copayment.

Plan designs may be modified to ensure compliance with Federal requirements.

Self-Insured Schools of California (SISC)
Pharmacy Benefit Schedule

PLAN	RX 7-25				
	Walk-in			Mail	
	Network	**Costco**		**Costco**	Navitus
Days' Supply*	30	30	90	90	30
Generic	$7	**Free**	**Free**	**Free**	
Brand	$25	$25	$60	$60	
Specialty					$25
Out-of-Pocket Maximum	$1,500 Individual / $2,500 Family				

SISC urges members to use generic drugs when available. If you or your physician requests the brand name when a generic equivalent is available, you will pay the generic copay plus the difference in cost between the brand and generic. The difference in cost between the brand and generic will not count toward the Annual Out-of-Pocket Maximum.

*Members may receive up to 30 days and/or up to 90 days supply of medication at participating pharmacies. Some narcotic pain and cough medications are not included in the Costco Free Generic or 90-day supply programs. Navitus contracts with most independent and chain pharmacies with the exception of Walgreens.

Mail Order Service

The Mail Order Service allows you to receive a 90-day supply of maintenance medications. This program is part of your pharmacy benefit and is **voluntary.**

Specialty Pharmacy

Lumicera Health Services helps members who are taking medications for certain chronic illnesses or complex diseases by providing services that offer convenience and support. This program is part of your pharmacy benefit and is **mandatory**.

Navi-Gate® for Members allows you to access personalized pharmacy benefit information online at **www.navitus.com.** For information specific to your plan, visit Navi-Gate® for Members. Activate your account online using the Member Login link and an activation email will be sent to you.
The site provides access to prescription benefits, pharmacy locator, drug search, drug interaction information, medication history, and mail order information. The site is available 24 hours a day, seven days a week.