

Covid-19 Guidelines as of January 2024

Persons Who Test Positive for COVID-19 Recommended Actions	
Individuals who test positive with NO symptoms.	<ul style="list-style-type: none"> • No isolation required. Wear a mask for 10 days and avoid people with high risk for severe COVID-19 infection. • There is no infectious period for the purpose of isolation or exclusion. If symptoms develop, apply the criteria below.
Individuals who test positive with symptoms.	<ul style="list-style-type: none"> • If symptoms present isolate for at least 24 hours from symptom onset. • May return if 24 hours have passed with no fever, without the use of fever-reducing medications, AND Symptoms are mild and improving. • If a confirmed case has severe symptoms or is at high risk of serious disease or has questions concerning care, they should contact their healthcare provider for available treatments. • Wear a well-fitting mask around others for a total of 10 days, especially in indoor settings.
Changes to Testing	Recommended Actions
	<ul style="list-style-type: none"> • CDPH no longer recommends testing for all close contacts. • Testing recommended for Individuals with new COVID-19 symptoms. • Testing recommended for close contacts who are at high risk for severe disease or who have close contact with people who are at higher risk of severe disease.

The California Department of Public Health (CDPH) updated Its COVID-19 Isolation and Testing Guidance on January 9, 2024.

CDPH's updated Isolation Guidance is available in here:

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/COVID-19-Isolation-Guidance.aspx>

CDPH's COVID Testing Guidance is available here:

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Updated-COVID-19-Testing-Guidance.aspx>

