

NorthWest Prep Lunch

September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
2 MEATLESS MONDAYS	3 Chicken Corn Dog Fresh Garden Bar Fruit Variety Juice Milk	4 Tony's Pepperoni Pizza Fresh Garden Bar Fruit Variety Juice Milk	5 Hawaiian Pork Sliders Fresh Garden Bar Fruit Variety Juice Milk	6 Cheese Burger Slider Fresh Garden Bar Fruit Variety Juice Milk
9 Brunch for Lunch Fresh Garden Bar Fruit Variety Juice Milk Yogurt	10 Crispy Chicken Sandwich Fresh Garden Bar Fruit Variety Juice Milk Doritos	11 Pizza Crunchers (V) Fresh Garden Bar Fruit Variety Juice Milk	12 Carnitas Soft Taco Fresh Garden Bar Fruit Variety Juice Milk	13 BBQ Beef Riblet Sandwich Fresh Garden Bar Fruit Variety Juice Milk Cookie
16 Mac & Cheese Fresh Garden Bar Fruit Variety Juice Milk	17 Beef Hot Dog Fresh Garden Bar Fruit Variety Juice Milk Doritos	18 Piazza Pepperoni Pizza Fresh Garden Bar Fruit Variety Juice Milk Yogurt	19 Chicken & Waffles Fresh Garden Bar Fruit Variety Juice Milk Sunflower Seeds	20 Asian Chicken & Rice Fresh Garden Bar Fruit Variety Juice Milk
23 Veggie Cheeseburger Fresh Garden Bar Fruit Variety Juice Milk Yogurt	24 Cheese Tamale (V) Fresh Garden Bar Fruit Variety Juice Milk Doritos	25 Ardellas Cheese Pizza (V) Fresh Garden Bar Fruit Variety Juice Milk Bug Bites	26 Chicken Tenders & Potato Fresh Garden Bar Fruit Variety Juice Milk	27 Lasagna with Marinara Sauce (V) Fresh Garden Bar Fruit Variety Juice Milk
30 Bean & Cheese Pupusa Fresh Garden Bar Fruit Variety Juice Milk Yogurt				

School lunch includes 1% and nonfat **Milk**, with a **Fresh Garden Bar** and a variety of **Fruit** and **Vegetables** daily. **(V)** = Vegetarian Menu subject to change.